

## Goals

- Primary Care Systems implement universal and annual screening, brief intervention and supported referral to treatment protocols for depression, anxiety, trauma/PTSD, disruptive behavior, and substance use.
- Schools implement universal and annual screening, brief intervention, and supported referral to treatment protocols for depression, anxiety, trauma/PTSD, disruptive behavior, and substance use.
- Health systems and schools provide adequate support to bridge youth and families if there are gaps in accessing behavioral health treatment.
- Care plans are patient/family-driven, tailored and aimed at improving life quality and function.
- Plans and purchasers incent screening and brief intervention in primary care and as appropriate in school settings.

### Proposed Timeline:

Month	Topic	Discussion Items
June	<p>Clarify Goals Review workplan and approve.</p> <p>Pediatric Primary Care screening, brief intervention and referral to treatment Implementation.</p>	<ul style="list-style-type: none"> <li>• Review drafted guidance for implementation in primary care settings</li> <li>• Identify remaining gaps/barriers and recommend policies/strategies to incentivize primary care practices to implement (with special considerations for rural practices)</li> <li>• Identify levers for change including state-wide policy, plan reimbursement, employer benefit design or clinical workflows. (Healthcare Authority, State Legislature)</li> </ul>
July	<p>Evidence-based treatment in Children</p> <p>School-based screening, brief intervention &amp; referral to treatment implementation</p>	<ul style="list-style-type: none"> <li>• Review drafted guidance for implementing in school settings.</li> <li>• Identify remaining gaps/barriers and recommend policies/strategies to incentivize schools to implement SBIRT (with special considerations for smaller/rural school systems)</li> <li>• Identify levers for change including state-wide policy, reimbursement mechanisms or existing workflows</li> </ul>

August	BH Youth Metrics	<ul style="list-style-type: none"> <li>• Discuss gaps/barriers in measurement of BH concerns</li> <li>• Identify and/or define potential metrics to apply to Washington state.</li> <li>• Review evaluation plans from subcommittees</li> </ul>
September	Integrated Care	<ul style="list-style-type: none"> <li>• Recommend policies to incentivize behavioral health integration in pediatric primary care</li> </ul>
October	Review Final Set of Guidelines	<ul style="list-style-type: none"> <li>• Review and provide comments on a consolidated document of the Bree Collaborative workgroup's recommendations.</li> <li>• Approve for public comment.</li> </ul>
November	Implementation Planning	<ul style="list-style-type: none"> <li>• Develop implementation tools</li> </ul>
December	Review Public Comments	<ul style="list-style-type: none"> <li>• Review public comments and finalize draft for presentation to Bree Collab</li> </ul>