## **`Bree Collaborative | Treatment for OUD Revision** September 17<sup>th</sup>, 2024| 3-4:30PM **Hybrid**

#### MEMBERS PRESENT VIRTUAL

Charissa Fotinos, MD, WA HCA Tawnya Christiansen, MD, CHPW Libby Hein, CHPW Tom Hutch, MD, We Care Daily John Olson, Amanda McPeak, PharmD, Kelley-Ross Liz Wolkin, HCA Jason Fodeman, MD, L&I Maureen Oscadal, RN, CARN, Harborview Tina Seery, RN, MHA, CPHQ, CPPS, CLSSBB, WSHA Dan Floyd, King County Herbie Duber, DOH Cris DuVall, Island Drug Everett Maroon, Blue Mountain Heart to Heart Ryan Caldeiro, MD, KP

## STAFF AND MEMBERS OF THE PUBLIC

Beth Bojkov, MPH, RN, Bree Collaborative Emily Nudelman, DNP, RN, Bree Collaborative Emily Nudelman, DNP, RN, Bree Collaborative Karin Inderbitzin, HCA Jaquelyn Harmon, Tim Candela, DOH Hillary Norris, WSMA Fan Xiong, DOH

### WELCOME

Beth Bojkov, Bree Collaborative Staff welcomed the group to the August meeting and reviewed the agenda for the day.

Action: Unanimously approved August meeting minutes.

### **PRESENT & DISCUSS: TREATMENT FOR OUD REPORT GUIDELINES**

Beth transitioned the group to reviewing the Treatment for OUD Report and Guidelines. The goal of the meeting is to review all stakeholder specific guidelines to get the report ready for public comment period. The following changes were made through discussion:

- 1. Clarified screening guidance for providers in primary care settings versus other settings
- 2. Encourage screening for adolescents despite vague USPSTF guidelines
- 3. Encourage providers to pay attention to local demographic trends
- 4. Added guidelines "Prescribe MOUD for adequate duration. There is no limit on how long an individual may use any MOUD, and shorter prescription lengths (e.g., 1-2 weeks) may introduce unnecessary barriers to MOUD access."
- 5. Rewrote benzodiazepine guidance -> "Treatment of opioid use disorder with medications should not be discouraged or delayed, but the combined use of these drugs increases the risk of serious side effects; however, the harm caused by untreated opioid addiction can outweigh these risks"
- 6. Remove all prior authorizations for MOUD, similar to Medicaid plans
- 7. Support community pharmacies and healthcare facilities seeking REMS certification

8. Correctional Facilities: consider offering and providing long-acting buprenorphine before release date

# PUBLIC COMMENT AND GOOD OF THE ORDER

Beth invited final comments or public comments, then thanked all for attending. At the next workgroup, we will review and seek feedback on our checklist implementation tool and evaluation framework/matrix to support the implementation and evaluation of the report and guidelines into practice. The report will be up for public comment **until October 24<sup>th</sup> at 11:59PM**, and the workgroup's next meeting will be on **October 15<sup>th</sup>**, **2024**, **3-4:30PM**.