Bree Collaborative | Behavioral Health Early Interventions for Youth

November 13th 2024 | 8-9:30AM **Hybrid**

MEMBERS PRESENT VIRTUAL

Terry Lee, MD, Community Health Plan of Washington (Chair)
Brittany Weiner, MS, LMFT, CPPS, Washington State Hospital Association
McKenna F Parnes, PhD, UW Department of Psychiatry and Behavioral Sciences
Sarah Rafton, MSW, WCAAP
Denise Dishongh, ESD 112
Thatcher Felt, MD, YVFW Clinic

STAFF AND MEMBERS OF THE PUBLIC

Beth Bojkov, MPH, RN, Bree Collaborative Emily Nudelman, DNP, RN, Bree Collaborative Karie Nicholas, MA, GC, Bree Collaborative

WELCOME

Beth Bojkov, Bree Collaborative, welcomed everyone to the Behavioral Health Early Intervention for Youth and provided an overview of for the meeting. Quorum was not reached, so October minutes approval will be addressed at the beginning of our December workgroup meetings.

Action: Return to October workgroup minutes in December

Beth provided a brief overview of the remaining 3 meetings. The workgroup will meet in November, December, and January.

REVIEW DRAFT GUIDELINES

Beth transitioned the group to begin reviewing the draft guideline document. The following major changes were made/suggested in the draft.

- Updated the glossary changes to distinguish shared care from warm handoffs
- Updated the diagram to move frequent monitoring and targeted intervention to tier 2
- Addition of highlighting trust in the background of the report
- Make the primary care provider flow more seamless and less broken up
- Add financing for BHI into the barriers diagram
- Provider education on resilience factors, as well as risk factors
- Re-writing language under training to more broadly apply to all populations who experience behavioral health concerns at a higher rate
- Changed specific follow-up timeframes to meet the acuity of the need example included of an emergent scenario where suicidal ideation is present

PUBLIC COMMENT AND GOOD OF THE ORDER

Beth invited final comments or public comments, then thanked all for attending. At the next workgroup, the group we will review implementation and evaluation tools that will support the report and guidelines after publication. The workgroup's next meeting will be on **Wednesday**, **December 11**th, **2024 from 8-9:30AM**.