

## BP Equity Workplan

Chair: Dr. Norris Kamo

Vice Chair: Dr. Jake Berman

Meeting Dates/Times: Second Thursdays 3-4:30PM

Potential Focus Areas

Focus Areas
Blood Pressure Screening & Diagnosis
Individualized Blood Pressure Management
Integrated Team-Based Care
Equitable Quality Improvement

Literature Review Questions:

Question filters: NO language filter, NO country filter

Search strategy: could start global, narrow to US, narrow to PNW, narrow to Washington, use keywords relevant for diversity/equity (e.g., race, ethnicity, language, etc.)

Focus Area	Components
Blood Pressure Screening	<ol style="list-style-type: none"><li>1. Accurate, guideline-aligned screening &amp; diagnosis</li><li>2. Community Outreach</li><li>3. Employer strategies for outreach</li></ol>
Individualized Blood Pressure Management	<ol style="list-style-type: none"><li>1. Culturally congruent blood pressure management</li><li>2. Addressing therapeutic inertia</li><li>3. Self-monitoring programs</li><li>4. Connection to resources for social needs</li><li>5. Reducing financial barriers to care</li><li>6. Collaborative management</li></ol>
Integrated Team-Based Care	<ol style="list-style-type: none"><li>1. Non-physician led team members and roles</li><li>2. Medical neighborhood/home integrated care</li><li>3. Access to care (geographic distribution, number of providers, telehealth)</li><li>4. Payment models to support team-based care</li></ol>
Equitable Quality Improvement	<ol style="list-style-type: none"><li>5. Internal data collection/registries maintained for quality improvement</li><li>6. Equity-centered quality improvement programs</li></ol>

Populations with higher hypertension burden in Washington state/US

### Out of Scope

- Gestational hypertension
- Hypertensive crisis
- Management of conditions related to hypertension (e.g., AKI, CKD, Stroke)
- <18 years old

### Report Outline

- Executive Summary
- Stakeholder Audiences
  - Healthcare Professionals
  - Primary Care Clinics/Outpatient Clinics?
  - Health Plans
  - Employers
  - State Agencies
    - HCA
    - DOH (and LHJs?)
- Methods
- Evidence Table
- Measurement
- Other Sections as necessary
- Appendices

## Stakeholder Roles

Stakeholder	Focus Area	Guidelines
Healthcare Professionals	Blood Pressure Screening & Diagnosis	<ol style="list-style-type: none"> <li>1. Accurate, guideline-aligned screening &amp; diagnosis</li> <li>2. Community Outreach</li> </ol>
	Individualized Blood Pressure Management	<ol style="list-style-type: none"> <li>1. Culturally congruent blood pressure management</li> <li>2. Addressing therapeutic inertia</li> <li>3. Self-monitoring programs</li> <li>4. Connection to resources for social needs</li> <li>5. Collaborative management</li> </ol>
Primary Care Clinics	Integrated Team-Based Care	<ol style="list-style-type: none"> <li>1. Non-physician led team members and roles</li> <li>2. Medical neighborhood/home integrated care</li> <li>3. Access to care (geographic distribution, number of providers, telehealth)</li> </ol>
	Equitable Quality Improvement	<ol style="list-style-type: none"> <li>1. Internal data collection/registries maintained for quality improvement</li> <li>2. Equity-centered quality improvement programs</li> </ol>
Health Plans	Blood Pressure Screening & Diagnosis	<ol style="list-style-type: none"> <li>1. Community Outreach</li> </ol>
	Individualized Blood Pressure Management	<ol style="list-style-type: none"> <li>1. Reducing financial barriers to care</li> </ol>
	Integrated Team-Based Care	<ol style="list-style-type: none"> <li>1. Access to care (geographic distribution, number of providers, telehealth)</li> <li>2. Payment models to support team-based care</li> </ol>
	Equitable Quality Improvement	<ol style="list-style-type: none"> <li>1. Internal data collection/registries maintained for quality improvement</li> <li>2. Equity-centered quality improvement programs</li> </ol>
Employers	Blood Pressure Screening & Diagnosis	<ol style="list-style-type: none"> <li>1. Community Outreach</li> <li>2. Employer strategies</li> </ol>
	Integrated Team-Based Care	<ol style="list-style-type: none"> <li>1. Payment models to support team-based care</li> </ol>
	Equitable Quality Improvement	<ol style="list-style-type: none"> <li>1. Internal data collection/registries maintained for quality improvement</li> <li>2. Equity-centered quality improvement programs</li> </ol>
State Agencies: HCA	Integrated Team-Based Care	<ol style="list-style-type: none"> <li>1. Payment models to support team-based care</li> </ol>
	Individualized Blood Pressure Management	<ol style="list-style-type: none"> <li>1. Reducing financial barriers to care</li> </ol>
	Equitable Quality Improvement	<ol style="list-style-type: none"> <li>2. Internal data collection/registries maintained for quality improvement</li> <li>1. Equity-centered quality improvement programs</li> </ol>
State Agencies: DOH	Blood Pressure Screening & Diagnosis	<ol style="list-style-type: none"> <li>2. Community Outreach</li> </ol>

## Timeline

Month	Topics	Milestones	Notes
January	Introductions	Finalize Draft Charter	Charter will be approved at January Bree meeting
February	Existing Guideline Review Begin/finalize focus areas		Employer framework
March	Prioritize drafted focus areas <b>Objective: Finalize Focus Areas</b>	Finalize Charter as needed Finalize Focus Areas	Update at Bree Meeting (focus areas and workplan)
April	Evidence Review Blood Pressure Screening & Diagnosis Objective: Draft guidelines for Screening & Diagnosis		
May	Evidence Review Individualized BP Management Objective: Draft guidelines for Individualized BP Management		Update at Bree Meeting (guidelines & focus areas)
June	Evidence Review Integrated Team-Based Care Objective: Draft guidelines for Integrated Team-Based Care		
July	Evidence Review Equitable Quality Improvement Objective: Draft guidelines for Equitable Quality Improvement		Update at Bree Meeting (guidelines & focus areas)
August	TBD Review against updated released guidelines?		
September	First Draft Review Objective: Send draft report to Bree for public comment	First draft put up for public comment	First draft approved for public comment by Bree members
October	Checklists Evaluation Framework Report up for Public Comment		
November	Public Comment Review Finalize report and guidelines	Final report and guidelines complete	Final draft approved by Bree members