
Dr. Robert Bree Collaborative Meeting Minutes
November 20th 2024 | 1:00-3:00
Hybrid

Members Present

Emily Transue, MD, Comagine Health, (<i>chair</i>)	Gary Franklin, MD, Washington State Department of Labor and Industries
Carl Olden, MD, Central Washington Family Medicine	
Mary Kay O’Neill, MD, Mercer	
Sharon Eloranta, MD, Washington Health Alliance	
Norrifumi Kamo, MD, MPP, Virginia Mason	
Kristina Petsas MD, MBA, MLS United Healthcare	
Kimberly Moore, MD, Franciscan Health System	
Nicole Saint Clair, MD, Regence BlueShield	
Jake Berman, MD, MPH, University of Washington	
Darcy Jaffe, MN, ARNP, FACHE, Washington State Hospital Association	
Susanne Quistgaard, MD, Premera Blue Cross	

Members Absent

Colin Fields, MD, Kaiser Permanente
Greg Marchand, The Boeing Company
June Alteras, MN, RN, Multicare
Colleen Daly, PhD, Microsoft
Judy Zerzan-Thul, MD, Washington HCA

Delegates

Amy Florence on behalf of Colleen Daly, PhD

Staff, Members of the Public

Beth Bojkov, MPH, RN, FHCQ	Audrey J
Karie Nicholas, MA, GC, FHCQ	Kristin Villas (HBE)
Emily Nudelman, DNP, RN, FHCQ	Chris Chen, MD, HCA
Ginny Weir, MPH, FHCQ	Terry Lee, MD, CHPW
Cora Espina, ARNP, MSN, DNP Student UW	Charissa Fontinos, MD, HCA
Nikki Jones, United Healthcare	Dr. Katina Rue
Shima Lawson	Dr. James Murray

WELCOME, INTRODUCTIONS

Dr. Emily Transue welcomed everyone and opened the meeting. Time was provided for introductions for newly attending members, Dr. Katina Rue and Dr. James Murray, who are awaiting confirmation from the Governor’s office. Dr. Transue then asked the Collaborative for a motion to approve the minutes from September.

Motion: Approve September Minutes

Outcome: Unanimously approved September Minutes

IMPLEMENTATION AND EVALUATION UPDATES

Dr. Transue transitioned the meeting and invited Dr. Emily Nudelman, Director of Implementation and Outreach, to provide updates on Implementation efforts.

- 21 Checklists were developed over the past year, including 3 for each 2023 report (Diabetes Care, Complex Discharge and Perinatal Behavioral Health)
- The Implementation Guide was launched in Spring 2024, with tools and resources for implementation for each report topic.
- The Health Equity Action Collaborative (HEAC) 2024 cohort met monthly from May and will conclude in December, with 9/11 groups set to complete the cohort. Project topics covered Breast Cancer Screening, Cervical Cancer Screening, Diabetes Care, Depression Screening, Maternal Health, Perinatal Behavioral Health and SDOH-Language Access
- The HEAC 2023 cohort met quarterly to continue to receive connection and support from partners across the state
- 14 Total webinars were put on by staff (3 Bree Report Spotlights, 3 Catalyst for Change Series, 1 Hot Topic Webinar, 6 Learning Labs with CME credit and the Social Need and Health Equity Summit, also with CME credit)
- Staff attended several conferences and events to promote the Bree Collaborative and connection

Dr. Transue then transitioned the meeting to invite Karie Nicholas, MA, GDip, Evaluation and Measurement Manager, forward to share updates on evaluation efforts.

- Staff developed two evaluation questions – how can the Bree improve its process, and what outcomes and impact do Bree reports have on the system
- Staff are developing systems to collect internal data to provide a preliminary answer to the first question
- Staff are continuing to build out tools and processes to answer the second question from the logic model
- The evaluation staff's aim is to build a functional and sustainable evaluation program; some strategy elements being worked on for 2024 and 2025 include:
 - Improving and building capacity for reporting
 - Defining focus areas for score card submissions
 - Audience focus for 2025 – engaging payers and employers in evaluation work
 - Involvement in external and measurement committees
 - Raising awareness of the Bree in the healthcare ecosystem
- Progress highlights: regarding the perinatal behavioral health evaluation, score cards continue to be submitted by purchasers, health plans and HCA. Awards given to Boeing, CHPW and Microsoft
- Evaluation program additions from June 2024 – December 2024:
 - New case studies
 - Washington DOH – outpatient infection control handbook
 - ESD 105 – improving asthma care plans in schools
 - UnitedHealthcare – Measuring behavioral health integration
 - Evaluation survey question bank
 - Evaluation frameworks
 - Treatment for OUD
 - Behavioral health early intervention for youth

- Extreme heat and wildfire smoke
- Evaluation Blog – BEACON
 - Highlights new additions to resources, spreading reports, and discussing evaluation work
- Coming in 2025
 - Bree Collaborative reporting initiative (Jan-Dec 2025)
 - Purpose: provide a simple way for all stakeholders to report on their use of the Bree Guidelines
 - Focus on purchasers: improve engagement with purchasers through evaluation
 - Dashboard builds: submission by different organizations of our score cards is now to the point where we can start building dashboards for the uptake and concordance of care with our guidelines

EXTREME HEAT & WILDFIRE SMOKE DRAFT REPORT

Dr Transue transitioned the meeting to Dr. Chris Chen, Washington HCA, to review the Extreme Heat and Wildfire Smoke draft report and guidelines

Dr. Chris Chen provided an overview of the draft report:

- Report aim: To reduce morbidity and mortality related to heat and wildfire smoke in Washington state
- Focus Areas: Education, Planning & Preparedness, Equity, Incentives & Investments, Tracking & Measurement

Dr. Chen provided a brief overview of the sections and guidelines for audiences in the report, including state agencies (HCA, DOH, DSHS, Labor & Industries), health plans, clinicians, delivery systems (administrators, outpatient clinics, urgent care, hospitals/ED's), long term care facilities, employer purchasers, local health jurisdictions, EMS and schools.

Questions, Comments & Answers

- Bree members thanks Dr. Chen and the workgroup for the work and report
- Add executive summary to report
- Is there anything in the Hospital/ED section about them as employers providing protection to their employees?
 - Not currently, but will add that comment similar to what exists under employer purchasers

Dr. Transue transitioned the group to vote for the draft to go up for Public Comment.

Action: Report draft approved to move forward to public comment.

BEHAVIORAL HEALTH EARLY INTERVENTION FOR YOUTH DRAFT REPORT

Dr Transue transitioned the meeting to Dr. Terry Lee, Community Health Plan of Washington (CHPW), to review the Behavioral Health Early Intervention for Youth draft report and guidelines

Dr. Lee provided an overview of the draft report:

- Report scope: This report and set of guidelines focuses on strategies in primary care and school settings to advance early identification of behavioral health concerns and connection of youth to services,

focusing also on the most common youth behavioral health needs for which training for effective treatments are reasonably accessible. The group applied the public health tiered prevention framework to youth behavioral health identification and services, including a tiered system.

- Focus Areas: Patient/Caregiver/Provider education & Capacity Building, Screening/Brief Intervention/Referral to Treatment, Coordinated Management of Behavioral Health, Monitoring & Data Sharing, and Incentives & Investments

Dr. Lee provided a brief overview of the sections and guidelines for audiences in the report, including Clinics serving pediatric patients, school based health centers, health plans, employers, Washington state agencies (HCA, DOH) and schools.

Questions, Comments & Answers

- Bree members thanks Dr. Lee and the workgroup for the work and report
- Add executive summary to report

Dr. Transue transitioned the group to vote for the draft to go up for Public Comment.

Action: Report draft approved to move forward to public comment.

TREATMENT FOR OUD REVISION GUIDELINES FINAL ADOPTION

Dr Transue transitioned the meeting to Dr. Charissa Fotinos, Washington HCA, to review the public comments and changes to the Treatment for OUD Revision report 2024.

- Public comment lasted September 24th – October 24th
- 10 public comments were submitted (1 blank)
- Sectors represented included Addiction medicine/specialty provider, health plans, public health, outpatient behavioral health/substance use disorder programs, nurse and HCA
- Public comment themes
 - Positive feedback
 - Increased interest in advocacy towards legislators and employers
 - Explicitly state populations most impacted and experience compounding inequities
 - Access feedback: increased referral to harm reduction services across all settings, integration of a comprehensive array of care services (physical, behavioral, social)
 - Training/education: anti-racism, stigma/bias training and education, overdose prevention and naloxone administration
 - Prescribing of MOUD: split-dosing call out suggested
 - Evaluation: suggested inclusion of patient satisfaction measures
 - Payment: regulatory barriers from IRS to removing cost-sharing so changed it to minimize total cost of care, capacity to pay for mobile services, adjust network adequacy standards statements to incentivize instead of penalize
- Additional changes to the draft
 - Strengthened link to Hepatitis C report and guidelines
 - Under health plans, indicated that reimbursement for certified peer support specialists and to meet network adequacy standards when established

Questions, Comments and Answers

- Bree members thanked Dr. Fotinos and the workgroup for the work

Dr. Transue transitioned the group to vote to approve the final draft and guidelines

Action: Report approved

UPCOMING EVENTS

Dr. Emily Nudelman reviewed upcoming events.

- **Jan. 9th**: [State of the Reform Health Policy](#) (Seattle)
- **Jan. 15th**: Bree Report Spotlight on Treatment for Opioid Use Disorder Webinar 12-1 pm pt virtual.
- **Feb. 5th**: Bree Report Spotlight on Extreme Heat and Wildfire Smoke Webinar 12-1 pm pt virtual.
- **Feb. 11th**: Bree Report Spotlight on Behavioral Health-Early Intervention for Youth Webinar 12-1 pm pt virtual.
- **March 6th**: [Symposium of Climate Change and Clinical Practice](#) (Seattle)

CLOSING, PUBLIC COMMENT AND NEXT STEPS

Dr. Transue thanked those who attended and closed the meeting. Next Bree Collaborative Meeting: **January 22nd 2025, 1-3PM**